

Year of St. Paul Plenary Indulgence



(Taken from Bishop Olmsted's Letter on the Year of St. Paul)

A Plenary Indulgence may be obtained by making a pilgrimage, individually or with others, to St. Paul's Parish in Phoenix, Ss. Simon and Jude Cathedral, or Sacred Heart Parish in Prescott on the following days and fulfilling the conditions required by the Church:

- June 28 and 29, 2008 – Vigil and Solemnity of Sts. Peter and Paul
- January 25, 2009 – Conversion of St. Paul
- February 10 – Shipwreck of St. Paul
- April 19, 2009 - Divine Mercy Sunday
- June 19, 2009 – Solemnity of the Sacred Heart of Jesus
- June 28-29, 2009 – Vigil and Solemnity of Sts. Peter and Paul

I. The conditions required for obtaining a plenary indulgence are the following:

- a. Sacramental Confession within a week of the pilgrimage,
- b. Reception of Holy Communion,
- c. Prayers for the intentions of the Pope (such as one Our Father, one Hail Mary and one Glory Be),
- d. A spirit of total detachment from any inclination to sin, and
- e. A desire to join spiritually in a jubilee celebration in honor of St. Paul.

In addition to the special intentions that each person may bring to the pilgrimage, I ask you also to pray and offer sacrifices for the following intentions:

- For the unity of all Christians,
- For an increase of vocations to the priesthood and religious life.

A Plenary Indulgence is a special gift offered by God through the Church to help us attain purity of heart and holiness of life. According to the *Catechism of the Catholic Church* (#1471), an indulgence is “*the remission before God of the temporal punishment due to sin whose guilt has already been forgiven.*” It is best understood in light of Jesus’ promise to be with His Church always and His readiness to provide all we need to have our sins forgiven and to be restored to full loving union with God. As Jesus said (Jn 15:5), “*I am the vine, you are the branches. He who lives in me and I in him will produce abundantly, for apart from me you can do nothing.*”